

BEHAVIOR MANAGEMENT

All children—especially preschoolers—require guidance as they develop the social and emotional skills they will use the rest of their lives. Preschool is a time when children are learning essential skills such as self-regulation, attachment, belonging and adaptability. Preschoolers are gaining independence – and seeking ways and opportunities to assert that independence. This, coupled with a growing vocabulary, can make for interesting (to say the least) behavior!

According to VeryWell, “Preschoolers are imaginative and they are learning to get along with other people. They may struggle with testing limits and some are still working on self-control.” It is crucial that children this age be told clearly and exactly what you want them to do, and praise them when they get it right. No matter how naughty they may be at times, ultimately they still want to please you. Any discipline strategies, including conversations, work best when they are used in a loving and consistent way.

The following resources may be helpful to parents:

Preschool Discipline: Strategies and Challenges

<https://www.verywellfamily.com/discipline-strategies-for-preschoolers-620098>

Instead of Discipline Use Guidance

<https://www.naeyc.org/resources/pubs/tyc/feb2020/using-guidance-not-discipline>

How to Discipline Preschoolers in the Classroom (and at home)

<https://www.educationtask.com/how-to-discipline-preschoolers-in-the-classroom.html>

Six Positive Discipline Strategies for Parents

<https://www.youtube.com/watch?v=TaGDKIDblu8>

How to Decrease Toddler Biting

<https://www.youtube.com/watch?v=z76pcMFKMIA>

What to Do When Your Child Bites

<https://www.youtube.com/watch?v=58zhtVKiywU>